

# BOP BEAT

<http://www.derbycitybop.com>



Jan/Feb. 2011

LOUISVILLE, KENTUCKY

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**Red, red, red, everywhere you looked. You'd think it was valentines again. But, no, it was the Holiday Ball at the Sternwheeler. It was the club's first time there and it was a great facility, boy can the DCBA throw a party. There was plenty of good food, wonderful music by Eric & Tom and fun for everyone!**



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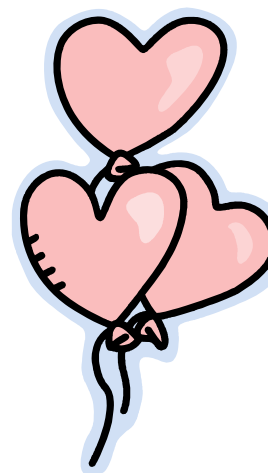
Welcome to all the new & returning members who joined the DCBA in November and December

Linda Sparkman  
 Jim Nunnelley  
 Melanie & Ed Gunn  
 Jayna Jamison  
 Michail Ford  
 Anita Evans  
 David Hughes  
 Mona Boudreaux  
 Dan Gunnell  
 Bill Arnold  
 Marty Mudd  
 Jason Mudd  
 Cathy Mudd  
 Colleen Hughes  
 Cindy Sightler  
 Liz DeSpain  
 Cal Shaw  
 Debra Pearman  
 Tom Corder  
 Carl "Buck" Mathes  
 Amy Casey  
 Gary Harrod



Michael Brame  
 Patsy O'Brien  
 Ann Davis Cox  
 Etta Lechleiter

**DCBA**  
**Valentine**  
**dance**  
**At**  
**The Moose**



**Time & date to**  
**be announced.**

**DJ's Mike Hall &**  
**Jim Brown**

**\$5 members**  
**\$10 non-members**

# DCBA President's Letter



2010 is now set in the history books. So much will be said of the world economy, the culture and the unsettling times of the last few years. But, what will the history books say about DCBA? In my memory book, the DCBA Board led the members into uncharted waters and a great year.

But, let's begin our walk down memory lane with personal events. 2010 was a year of celebration with Tommy and Betty Radcliffe and Don and Bev Bayer ringing in 50 years of marital bliss. It was also a year of mourning as many members lost loved ones – mothers, fathers, sisters, brothers, friends and other family members. We even lost long time DCBA members. 2010 was also a year of pain and suffering as members had among other things back surgery, knee surgery, heart surgery, hip replacement, etc. It was painful watching them suffer, but it was joyful watching them return to the dance floor!

DCBA members are now stars giving out autographs when asked. One Friday night approximately 40 members showed up at the Nut n Honey Dance Club to tape a 30 minute segment for Insight Cable. Nick and Sally Coleff led a dance lesson, Mike Hall spun some great tunes and the rest became stars as they danced for television!

Our Saturday night dances have changed and raised the bar for 2011. Specifically, after years of dreaming about it, DCBA, led by Brenda Meredith, hosted a Black and White Ball to benefit Kosair Charities. Over \$5,000 after expenses was raised that night and presented to Kosair Charities. Many people helped in that effort, but a special thank you goes to Jackie Franklin, Mike Britt, Jackie Bates, Jim Wright, Bill Wallace, Evelyn Brown, Brenda Meredith and Ada Lee Kane for getting and making donations for the event. Without them, the amount raised would have been much less. Invitations to the event were sent to area dance clubs and approximately 200 people attended. The music included tunes enjoyed by all the different clubs represented.

But the Black and White Ball was not the first 2010 charity event. At the Valentine's Dance, dancers voted their favorite sweethearts by placing donations into bags for the favorite female, favorite male and favorite couple. Over \$661 was raised and was given to ECHO for clean water efforts during the Haiti disaster. Generosity was shown again during Boogie in the Bluegrass when pink hats were donned and people paid to dance with DCBA members. \$1401 was raised during two one hour periods and given to the Susan G. Coleman Cancer Research. Several of our members have been touched with Breast Cancer. The Thursday night Pink Hat Dance was the first fund raiser during a BIB and Dennis Sills threw out a challenge to match any donation given to him. The Saturday night Pink Hat Dance was in honor of Pat Weber's sister and he matched all donations. And then if that were not enough, our member's charity heart came out again at the Halloween Party. Members of the Thriller Dance Group and the Christmas Group donated their winnings (\$200) to Breast Cancer Research. What a great heart our members have.

The Board decided to try a new relationship with the Moose Lodge and have more Saturday night dances at their Fegenbush location. What a success that has been for both of us. We now have a huge wooden dance floor, low priced drinks, a responsive host, Shane, and larger numbers in attendance each month. Shane will in a few hours notice provide an ice cream social and a hot dog party. More and more DCBA members can be seen on other nights at the Moose Lodge and I think their membership has grown with our new relationship. Martha Ringo and Brenda Meredith made plans for each of the monthly dances that resulted in fun by all.

A successful BIB was had under the guidance of committees this year led by Martha Ringo, Brenda Meredith, Jim Brown, Pablo Breseno, Jackie Bates, Bill Wallace, Giny Wallace and Pam Hudson. My role was to keep the process moving. It took all these people to replace Mike Hall who gave up the position as BIB Event Manager due to other time commitments. But, Mike was very much in the front of the crowd during the event making things happen. We were honored to have over 20 ABA Hall of Fame members attend our event as our guest. They were honored with a private reception hosted by Bill and Giny Wallace and at the Friday night dinner. Seeing so many Hall of Fame members in one place was humbling to think of all the hours they have given to making so many clubs across the nation successful. Mike Hall arranged to have the famous, Diedra, join us and share her talent many times during our event. Other new areas of success were the Tie One On Event (Nancy Dunkley and Leanne Marsilli showed their stuff here) as well as pictures taken being "young" bopper body boards painted by Jan Breseno. The 2010 dance was such a success we are ready to sign the contract with Holiday Inn and repeat it in 2011. One of our goals is to one day host an ABA Conference Dance.

Dance lessons under the control of David Brown have been successful. For 2010, he tried something different by limiting the intermediate instructors to Cary and Tamara Perkins and Larry Carroll. The dance styles were a little different this year with cha-cha, stationery cha-cha as well as East and West Coast Swing. The basic East Coast lessons held in the back of Porters each Tuesday were led by David and Jeanne Brown, Randy and Gene Mobley, Dan Hudson and Laura Whitfill and Phil Spencer. The lessons were topped off with line dance lessons by Jackie Bates on the 5<sup>th</sup> Tuesday each month and Saturday night lessons taught by Nick and Sally Coleff, Tom and Teresa Goff, Cary and Tamara Perkins and Eric Evans. We even had a lesson lead by J. C. Speagle on four-play! David Brown will not be able to lead our dance instruction in 2011 due to travel schedules, but the Board will be making plans for dance instructions in 2011. Let us know what you would like!





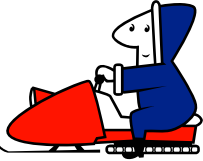
And then there are the quiet ones that just make the organization work. Larry Johnson, Treasurer for Life, makes certain all bills are paid on time, deposits and in the bank immediately and what few know, Larry is the voice of reason on the Board questioning expenses before they happen. Five years ago when I first joined the Board, the bank balance trend was down and moving to an unhealthy position. Since that time under Larry's fiscal guidance, DCBA has experienced increased bank reserves moving us into a sound fiscal position. Many of you may not know but Larry gave the first \$100 when DCBA was formed and that investment has grown into a fantastic dance club for approximately 400 members. Even though you see Nicholas Coleff on the dance floor as an instructor and a terrific dancer with wife, Sally, he continues as the membership chairman and newsletter editor in the background. He maintains the database of the membership, prints ID cards and always has a smile for some potential member as he explains the benefits of membership. As newsletter editor, he takes pictures at each dance and writes all articles (except the President's letter of course). Nick gives a lot of his time making DCBA run smoothly and keeping members informed. Jim Brown quietly sits in his home office each week maintaining our website and updating the weekly email. He pulls together all the information needed from the Board members and reports out to you each week. I know you look forward to seeing the weekly email to see what is going on in the club as well as with club members and activities around town. Dan Hudson joined the Board this year and agreed to be the Secretary. He has kept our minutes and questioned items throughout the year so the history of the club is adequately recorded. And then there is Bill Wallace who rarely misses a Board meeting, a Tuesday night or a Saturday night dance. Only grandkids can keep him away! Bill is leaving our Board for 2011, but he has told me he will serve in any capacity we need. As one of the founding members, Bill continues to proudly serve this membership.

2010 ended with a Holiday Ball attended by approximately 250 people! The Board decided to host the event at the Sternwheeler Ballroom because of their reputation for great food, good dance floor and beautiful holiday decorations. They delivered, but we packed the place! After the meal, tables were moved and the dancing began. Many members and the original DCBA founders were honored for their service to the club. Many pictures capturing those awards are included in this newsletter.

So, can 2011 be any better? You bet! The new Board has plenty of ideas to implement so hang on to your hat, the new year is about to begin. I have enjoyed serving you as President during 2010 and look forward to 2011!

Another year is over, but the DCBA continues to be a club where you can get together with friends and have a good time, listening and dancing to great music played by our hard working djs. We've lost some members, some have been ill, through it all the members have been there to support each other. Some of us have brought family members to dances so they can see how much like family the DCBA is. Let's continue the DCBA tradition started over 20 years ago, bring on 2011, we're ready to have another fun year of dances.



January		February	
Dance Lessons Intermediate 6:30pm. Beginners 7pm.	Tues. 4th. Jim Porters DJ Eric Evans	Dance Lessons Intermediate none Beginners 7pm.	Tues. 1st. Jim Porters DJ Eric Evans
Membership Meeting Monday 10th. 7pm. Holiday Inn Hurstbourne Parkway	Tues. 11th. Jim Porters DJ Tom Goff		Tues. 8th. Jim Porters DJ Tom Goff
	Tues. 18th. Jim Porters DJ Mike Hall	Membership Meeting Monday 14th. 7pm. Holiday Inn Hurstbourne Parkway	Tues. 15th. Jim Porters DJ Mike Hall
Beginner Instructors David & Jeanne Brown	Tues. 25th. Jim Porters DJ Jim Brown	Beginner Instructors Phil Spencer	Tues. 22nd. Jim Porters DJ Jim Brown
Intermediate Instructors Cary & Tamara Perkins			



### Happy Birthday!

Here is a list of members having birthdays.



January Birthdays		February Birthdays	
01 Vanessa Suffoletta	17 Marilyn Strother	03 Betty Carver	
01 Edie Helm	18 Kathy Mudd	04 Ron Compton	
01 Bonnie Hatfield	19 Phil Rollins	05 Phyllis Adams	
01 Connie Whitman-Flautt	20 James Irwin	06 Liz DeSpain	
03 Janet Barker	21 Jim Brown	08 Elmer Glassing	
07 Barbara Aubrey	21 Tom Goff	08 Don Goodlett	
07 Eloise Braden	21 Gene Powell	10 Larry Bolton	
08 Sue Yocum	21 Russ Schoen	13 Nancy Baxter	
08 Thomas Radcliffe	22 Bernadette Drake	14 Rick Vincent	
09 Patricia Andres	22 Delores Retter	15 Kathleen Free	
10 Deborah Austin	23 Jan Banta-Briseno	15 Tammy Gillenwaters	
10 Ray Parrella	23 Carolyn Kidd	15 Karen Smith	
10 Suzanne Beam	25 Karen Ball	17 Margaret Keightley	
10 Mary Jean Collins	26 Arnold Shaikun	18 Sandy Needy	
10 Tina Hall	27 Sally Coleff	20 Janice Oster	
15 Jan Buchanan	27 Michael Ritchie	21 Philip Spencer	
16 Chet Needy	28 Sharon Hodge	22 Evelyn Brown	
16 Philip Ball	28 Victoria Hall	22 Marti Hutt	
16 Glenda Riggs	29 Elke Sallee	22 Bill Willingham	
16 Barry Sawyer	30 Donna Habig	23 Richard Wohrle	
17 Ray Getz	30 Gypsy Oak	26 Susan Hooks	
17 John Kays Jr.	30 Steve Stoke	26 Darrell Thore	
17 Rosemary Parrish	31 Pamela Hudson		
	31 Debra Lively		

**Thank goodness for digital cameras, as you can see it sometimes takes several tries to get a good picture. These are from the DCBA Halloween dance.**



**“ Trust me, I really do belong on the nice list”**

**It looks like the Joker has Bat-woman right where he wants her, all wrapped up.**

**Be on the look out**



**for any upset Pilgrims or Indians, since this group skipped the Thanksgiving holiday and went straight to Christmas for their costume ideas.**

Special awards were given out at the Holiday Ball, to recognize Jackie Bates, Tom and Betty Radcliffe, Murray "Ralph" Allen and Mike Hall. These five people are just a few of the outstanding DCBA members who give their time and energy to make this the most outstanding, fun and friendly dance club you'll find anywhere. Thank you and keep up the great work. If your new to the club or have been a member for awhile, volunteering to help at the dances, coming to the membership meeting, running for the board, are just a few ways to become involved in your club. It is your club because it's the DCBA membership that makes this such a wonderful club to be a part of.





## Swing Dancing is Powered by a Mutually Assured Reliance Called 'Trust'

Whenever an experienced leader asks a new follower to dance, he must quickly determine his partner's proficiency level so that his leads will not confuse or overwhelm her. The two quickest measures of his follower's proficiency are the way that she initially holds his lead hand and the quality of her arm tension during their first 'move.' If his partner either grips his hand and/or attempts to position her hand within his hand improperly, or she gives him insufficient arm compression (push) or resistance (pull) then the male dancer knows that he must begin by leading his companion into a very basic swing pattern (a recommended way to start a dance anyway). Although this quick assessment of his partner's capabilities might seem to be sufficient, there is another important aspect of their first dance together that leaders often fail to consider, and that is an intangible called *trust* which is the sense of assured reliance that powers every style of swing dancing. The male dancer needs to recognize that when he walks out onto the dance floor with his new partner, because she has no prior basis to judge his ability to safely lead her, trust between them does not exist! One of the easiest and most basic moves that the male dancer may lead his partner into is an "Arm Spiral." To execute this simple, open position move, on the 1 and 2 count the leader steps in-place while he uses a two-hand lead to lightly hold both of his partner's wrists just long enough for him to twist his hands enough to reposition the tops of his fingers on the inside of her wrists. On the 3 and 4 count, he rotates both of her arms up and around into two outwardly spiraling wrist rolls in front of her; afterwards, he releases her left hand (with his right hand) and he ends up holding her with a left hand lead. Who would ever think that a momentary, two-wrist lead could cause a problem but I can assure you from my own personal experience, it did! No sooner had I setup the "Arm Spiral" then I heard a loud gasp from my partner, I felt a sharp tug on both of my arms and then I heard her pleadingly expel the words: "I can't get away...I've been hurt before...please let go of me!" Surprised, I immediately released her wrists but needless to say I was very dumbfounded by her response; after all, how could I have anticipated that my new partner was morbidly afraid of having her arm twisted? It wasn't as if I were attempting to lift her up and over my shoulder into a dazzling jitterbug aerial or swing her between my legs during a musical reprise, I was just going to spiral her arms up and around twice after I positioned my fingers on the inside of her wrists! Anyway, we continued our dance uneventfully and parted on a amicable note but I still shudder to think what her reaction might have been if I had tried to lead her into a "Hammerlock Neck Wrap!" So, with this inadvertent miscommunication in mind, what can we concerned leaders do to prevent a similar situation from happening again with our future dance partners? The answer is deceptively simple: we must recognize that two strangers, who have never danced before and who have only a transient social relationship at best, have not had time to build trust in each other. In my Ezine article: "Dance Club or Doctor's Office," I pointed out that it is a rewarding challenge for the male dancer to improvise on the dance floor when his partner informs him at the last minute that her physical movements are restricted by numerous range of motion issues; however, in my bizarre experience above, I doubt that even if my partner and I had enjoyed hours of substantive conversation before our first dance that she would have confided in me that she is extremely protective of her wrists because she is a massage therapist who depends upon her hands for a living. The only proven way that we leaders can minimize a new follower's dance floor inhibitions during that first dance is for us to build up her trust by increasing the difficulty of our swing moves in proportion to her demonstrated ability. To lead our new partner in any other way invites a potentially disastrous miscommunication that might ruin our first dance together. Remember, if we assume anything about our partner's mindset or capabilities then it will almost always backfire on us because as the popular saying goes, to ass/u/me anything is to make an ASS out of both U and ME!



I'd like to thank Jim Brown for all the great pictures he took at the Holiday Ball, I had family visiting and took the night off from photography. I'm sure Jim will agree that taking pictures of moving dancers is very difficult and you don't always get the picture you see in the view finder. You can go to the DCBA website, ([derbycitybop.com](http://derbycitybop.com)) and see all the wonderful pictures that did come out right.  
Newsletter editor, Nicholas Coleff



## Derby City Bop Feedback and Suggestion Form

Derby City Bop Association Current Members Only Please

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City, St. Zip: \_\_\_\_\_

Phone with Area Code: \_\_\_\_\_ Email: \_\_\_\_\_

Comments or suggestions: \_\_\_\_\_

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Please give this form to a Derby City Bop Association Board Member or mail to:

Derby City Bop Association, PO Box 43363, Louisville, KY 40253-0363.

You may also use our "Feedback" page on our web site at: <http://www.derbycitybop.com>